



Front Row: Chase Wirth, Reed Cashato, Troy Cuzzetto, Jeremy Gray, Darnell Hauca, Jarrod Ried, Thomas Mackiewich, Bradley Scabar

Second Row: Logan Revell, Brett Olsen, Kolton Kirchner, Jake Pelletier, Nick Mann, Liam MacPhee, Chris Inscho, Sean Connors, Mason Salway, Darien Ottesen

Third Row: Conor Webb, Kyle Cuzzetto, Jordy Barr, Quintin Harrish, Ryan Sarazin, Jordan Orr, Thomas Landels

Back Row: Ryan Minchenko, Chris Scabar, Tyler Plante, Derek Gelrich, Leslie Landels, Kayla Comstock, Roxanne Seaton, Rob Seaton

2016

Sun Valley Source for Sports VERNON TIGERS JUNIOR LACROSSE CLUB

Roster: 00 Jeremy Gray (G), 2 Kyle Cuzzetto, 3 Sean Connors, 4 Ethan Anderson, 5 Conor Webb, 7 Jordy Barr, 8 Steele Pelletier, 9 Jordan Orr, 10 Logan Revell, 11 Brett Olsen, 12 Nick Mann, 14 Kolten Kirschner, 15 Liam MacPhee 'C', 16 Ryan Sarazin 'A', 22 Jake Pelletier, 34 Darien Ottesen, 35 Darnell Hauca (G), 44 Thomas Landels 45 Quintin Harrish 'A', 55 Jarod Ried, 56 Chris Inscho, 67 Chase Wirth, 68 Tyler Riva, 79 Mackenzie Moore, 80 Reed Cashato, Bradley Scabar (Ball Boy)

Call-ups: Troy Cuzzetto (G), Jordan Sherek (G), Caden Colmorgen, Thomas Mackiewich, Kayden Beuregard

Staff: General Manager: Roxane Seaton, Head Coach: Chris Scabar, Asst. Coach: Tyler Plante & Ryan Minchenko, Bench: Rob Seaton & Jay Seaton, Trainers: Leslie Landels, Derek Geldrich & Kayla Comstock, GameNite: Lolly Barr, Marketing: Duane Barr, Treasurer: Belinda Harrish, Govenor: Rob Seaton

Tigers Awards: MVP –Quintin Harrish, Top Scorer – Jordy Barr, Top Rookie – Brett Olsen & Jake Pelletier, Coaches Choice – Liam MacPhee, Most Improved – Reed Cashato & Darnell Hauca, Unsung Hero – Ryan Sarazin, Best Defensive – Chris Inscho & Ethan Anderson, Volunteer – Lesley Landels

TOJLL Awards: Rookie of the Year – Jake Pelletier, Defensive Player of the Year – Ethan Anderson

TIGERS GAME SCHEDULE & SCORES

Pre-Season: 2016 11th Annual Archie Jack IceBreaker Tournament, Armstrong, Nor-Val Centre

- Gm 1 10am - 11:30am : Vernon 15 vs Armstrong 3
- Gm 3 2:30pm - 4pm : South Okanagan 7 vs Vernon 9

Regular Season 2016 (730pm starts)

- April 22, Friday @ Armstrong Shamrocks (22-10) Win, 1-0-0
- April 30, Saturday @ Kamloops Venom (11-9) Loss, 1-1-0
- May 02, Monday @ South Okanagan Flames (8-8) Tie, 1-1-1
- May 09, Monday @ South Okanagan Flames (13-2) Win, 2-1-1
- **Home Opener May 14, Saturday vs Armstrong Shamrocks (25-9) Win, 3-1-1**
- **May 18, Wednesday vs Kamloops Venom (12-8) Win, 4-1-1**
- **May 25, Wednesday vs Armstrong Shamrocks (19-7) Win, 5-1-1**
- May 28, Saturday @ Kamloops Venom (10-9) Win, 6-1-1
- **June 4, Saturday vs Kelowna Raiders (16-2) Win, 7-1-1**
- June 9, Thursday @ Kelowna Raiders (18-4) Win, 8-1-1
- June 10, Friday @ Armstrong Shamrocks (12-4) Win, 9-1-1
- June 16, Thursday @ Kelowna Raiders (11-6) Win, 10-1-1
- **June 18, Saturday vs South Okanagan Flames (12-11) Win, 11-1-1**
- **June 22, Wednesday vs South Okanagan Flames (15-7) Loss, 11-2-1**
- **June 26, Sunday vs Kelowna Raiders (13-4) Win, 12-2-1**
- **June 29, Wednesday vs Kamloops Venom (16-13) Win, 13-2-1**

Tigers Final Regular Season Results

<u>Y</u>	<u>RK</u>	<u>GP</u>	<u>W</u>	<u>L</u>	<u>T</u>	<u>WP</u>	<u>TP</u>	<u>GF</u>	<u>GFA</u>	<u>GA</u>	<u>GAA</u>	<u>YER</u>
2016	1	16	13	2	1	.812	27	223	13.94	125	7.81	2 nd TOJLL

Regular Season Player Stats

Players – Vernon Tigers

#	Name	GP	G	A	PTS	PPG	S	PIM
	Thomas Mackicwich	3	0	0	0	0	0	0
	Jordan Sherck	1	0	0	0	0	0	0
	Caden Colmorgen	3	1	3	4	0	0	2
	Kayden Beauregard	1	0	0	0	0	0	2
	Troy Cuzzetto	6	0	1	1	0	0	0
0	Jeremy Gray	8	0	2	2	0	0	0
2	Kyle Cuzzetto	15	1	7	8	0	0	4
3	Sean Connors	13	9	9	18	0	0	2
4	Ethan Anderson	13	9	12	21	0	0	30
5	Conor Webb	14	10	17	27	0	0	33
6	Mason Salway	3	0	1	1	0	0	2
7	Jordy Barr	16	36	25	61	0	0	24
8	Steele Pelletier	11	17	12	29	0	0	10
9	Jordan Orr	4	6	6	12	0	0	19
10	Logan Revell	16	1	7	8	0	0	9
11	Brett Olsen	16	17	27	44	0	0	29
12	Nick Mann	12	3	2	5	0	0	2
14	Kolten Kirschner	8	2	7	9	0	0	42
15	Liam Macphee	11	4	10	14	0	0	4
16	Ryan Sarazin	10	28	19	47	0	0	57
22	Jake Pelletier	15	24	20	44	0	0	31
34	Darien Ottesen	7	0	3	3	0	0	2
35	Damell Hauca	16	0	10	10	0	0	0
44	Thomas Landels	15	17	17	34	0	0	8
45	Quintin Harrish	16	28	30	58	0	0	39
55	Jarod Reid	10	1	0	1	0	0	37
56	Chris Inscho	15	3	13	16	0	0	34
67	Chase Wirth	12	6	10	16	0	0	6
68	Tyler Riva	8	0	1	1	0	0	4
79	Mackenzie Moore	9	0	2	2	0	0	6
80	Reed Cashato	8	0	2	2	0	0	2
	Total:	-	223	275	498	0	0	440

Goalkeepers

#	Name	GP	Min	W	L	T	GA	GAA	SO	S	SA	A	PIM
	Jordan Sherck	1	0	0	0	0	0	0	0	0	0	0	0
	Troy Cuzzetto	6	60	1	0	0	7	7	0	22	29	1	0
0	Jeremy Gray	8	225	3	0	0	24	6.4	0	114	138	2	0
35	Damell Hauca	16	675	9	2	1	94	8.36	0	427	521	10	0
	Total:	-	960	13	2	1	125	7.81	0	563	688	13	0

Thompson Okanagan Junior Lacrosse League Playoffs (best-of-five series) 730pm starts.

PLAYOFFS - SEMI FINALS 'A'

- **Vernon Tigers (1st) vs (4th) Armstrong Shamrocks**
- Game 1 July 5 Home Kal Tire Place 17-5 Win, 1-0
- Game 2 July 7 Away Nor-Val, Armstrong 14-9 Win, 2-0
- Game 3 July 9 Home Kal Tire Place 21-8 Win, 3-0

PLAYOFFS - TOJLL CHAMPIONSHIP FINAL

- **Vernon Tigers vs Kamloops Venom**
- Game 1 July 16 Home Kal Tire Place, Vernon, 9-5 Loss, 0-1
- Game 2 July 17 Away Kamloops Memorial Arena, 14-11 Loss, 0-2
- Game 3 July 19 Home Kal Tire Place, Vernon, 10-7 Loss, 0-3

TIGERS NEWS ARTICLES

August 28, 2016 - Tigers honour best

by Staff Writer - Vernon Morning Star

Quintin Harrish showed himself to be a leader with the Vernon Sun Valley Source For Sports Tigers.

The Thompson Okanagan Junior Lacrosse League team named Harrish its most valuable player at the team's wind-up awards night.

"He was a true leader right from the get-go this year," said Tigers' assistant coach Ryan Minchenko. "He brought it every single game, leading by example and giving it 100 per cent."

Jordy Barr took home the award for top scorer. Top defensive player honours were shared by Chris Inscho and Ethan Anderson.

Graduating Ryan Sarazin was named unsung hero while Brett Olsen and Jake Pelletier shared rookie of the year honours.

Goalie Darnell Hauca and forward Reed Cashato were named co-winners of the most improved player award. Liam MacPhee picked up the coaches choice honour.

Leslie Landels was named the team's volunteer of the year.

Roxanne Seaton has stepped down as the team's general manager, though she will stay involved in a league capacity and her husband, Rob, remains the team's governor. Duane Barr will take over as GM next season.

Harrish, Sarazin and Anderson did help the Coquitlam Adanacs win some hardware at the recent Founders Cup Canadian Junior B Lacrosse Championships in Orangeville, Ont.

The Tigers' trio was picked up by the B.C. champion Coquitlam Adanacs.

After being eliminated in the championship side quarterfinals, Coquitlam won two games on the consolation side to pick up the tournament's Tier 2 championship.

Harrish had 1+3 and Sarazin an assist in a 12-9 win over the Manitoba Blizzard in the Tier 2 final.

Coquitlam advanced to the final with a 16-4 romp over the Saskatchewan Swat. Harris score twice and Sarazin added a goal for the Adanacs

July 21, 2016 - Venom complete sweep of Tigers

by Roger Knox [TheMorningStar](#)

In the last two Thompson Okanagan Junior Lacrosse League regular seasons, the Vernon Sun Valley Source For Sports Tigers have two losses and a tie and two league pennants.

In the last two playoffs, the Tigers have six defeats and no titles.

The Kamloops Venom won their second straight TOJLL championship, and third in five years, Tuesday night in Vernon, holding on to edge the Tigers 10-7 at Kal Tire Place to complete a three-game sweep of the best-of-five final.

“It kills us,” said a dejected Vernon head coach Chris Scabar of a second straight finals loss after going 29-2-1 the past two years.

“It’s pretty upsetting for me, especially as an older coach. It was a tough series. They (Kamloops) are a very good club, they really are. We got beat by a good team. Half of my team are first-year players, so we got lots of development and I think we’re going to be great.”

The two teams have met in the final the last five years with Kamloops winning three titles, including last year, where they jumped out to a 2-0 series lead only to watch the Tigers win the next two to force a fifth and deciding game in Vernon, which the Venom won 15-14.

“Last year, we were up 2-0 and it was kind of a surprise to everyone including us,” said Kamloops captain Riley Peterson who, along with teammate Kyle Pauwels, had two goals and three assists in the clincher.

“We didn’t want to repeat last year and try to win it at home, we wanted to end it right here, right now and get it done with. I couldn’t be more proud of these guys.”

The Venom, who finished second to the Tigers (13-2-1) at 11-5 in the regular season, went 6-0 in the TOJLL playoffs, and now advance to the B.C. Junior B championships next weekend in Coquitlam.

Kamloops put Vernon in a bit of a hole late in the first period Tuesday, extending a 3-2 lead to 5-2 with pair of goals 22 seconds apart in the final minute of the frame.

The Venom led 8-4 after two, then watched Vernon pull to within a goal at 8-7 with 7:13 left in the game. Goals from Pauwels, in his fifth and final year in the league, and Brenden Bickert 1:45 apart sealed the championship for Kamloops.

The Tigers got goals from seven different players with Jordy Barr and Ryan Sarazin – playing his last game as a Tiger – leading the offence with four points each.

“It’s up there,” said a smiling Pauwels of his third championship in five years in the league. “We faced some adversity this year. There were people doubting us and we had ups and downs during the season. But we really peaked at the right time. Everybody chipped in.”

The Tigers got goals from seven different players with Jordy Barr and Ryan Sarazin – playing his last game as a Tiger – leading the offence with four points each.

Ethan Anderson, in his last game, Brett Olsen, Quintin Harrish, Conor Webb and Steele Pelletier also scored for the Tigers.

Matt Hans made 51 saves to get the win while Darnell Hauca stopped 36 shots for Vernon.

“Their experience, their speed and their movement to the middle of the floor was the difference in the series,” said Scabar. “We need to work on our offence a lot more, and get away from the style of shooting from the outside. We need to get our noses dirty on the inside.”

Sarazin graduates as the Tigers’ all-time leading scorer with 140 goals and 227 points. Jordan Orr, Sean Connors, Quintin Harrish and captain Liam Macphee join Sarazin and Anderson as graduates from the program.

“They’re a classy group of kids, a good bunch,” said Scabar.

Meanwhile, the Kelowna Raiders host the Kamloops Rattlers Sunday in Game 1 of the best-of-three Shaw Cup Senior C lacrosse semifinal series.

Game 2 goes Tuesday in Kamloops with a third game, if required, going Thursday.

The regular-season Rowcliffe Cup champion Armstrong Shamrocks will play the winner in a best-of-three series, starting Wednesday, Aug. 3 at Nor-Val Sports Centre.

July 19, 2016 - Kamloops Venom capture TOJLL title

by Staff [TheMorningStar](#)

The Kamloops Venom made sure there was no Vernon Tigers comeback this time around.

The Venom won their second straight Thompson Okanagan Junior Lacrosse League championship, and third in five years, Tuesday night at Kal Tire Place in Vernon, holding on to edge the Tigers 10-7 to complete a three-game sweep of the best-of-five final.

The two teams have met in the final the last five years with Kamloops winning three titles, including last year, where they jumped out to a 2-0 series lead only to watch the Tigers win the next two to force a fifth and deciding game in Vernon, which the Venom won 15-14.

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“We didn’t want to repeat last year and try to win it at home, we wanted to end it right here, right now and get it done with. I couldn’t be more proud of these guys.”

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The Tigers got goals from seven different players with Jordy Barr leading the offence with four points.

Matt Hans made 51 saves to get the win while Darnell Hauca stopped 36 shots for Vernon, who have

gone 2-2-1 in the last two regular seasons under head coach Chris Scabar, but have no championships to show for it.

“It kills us,” said Scabar of the series loss. “It’s pretty upsetting for me, especially as an older coach. It was a tough series. They (Kamloops) are a very good club, they really are. Half of my team are first-year players, so we got lots of development and I think we’re going to be great again.”

July 19, 2016 - Venom strike twice on Tigers in Vernon

by Staff [TheMorningStar](#)

The latest chapter in the Vernon Tigers-Kamloops Venom playoff rivalry resembles the previous one.

The Venom took a 2-0 lead in the best-of-five Thompson Okanagan Junior Lacrosse League final into Game 3 Tuesday night at Kal Tire Place looking to win its second straight league title and third championship in five years over the Tigers.

The defending champion Venom – making their 10th straight league final appearance – won the first two games of last year’s final before the Tigers clawed back to force a fifth and deciding game at Kal Tire Place, which Kamloops won 15-14.

The two teams have met in each of the last five championship series with each team winning twice.

This year’s script has the Venom out in front following a 14-11 win Sunday at Kamloops Memorial Arena, 24 hours after a 9-5 decision in the series opener at Kal Tire Place.

“Kamloops has outworked us,” said Tigers sniper Jordy Barr. “They’ve won all the faceoffs, all the battles for the loose balls.”

Kamloops has yet to lose in the post-season. Both teams swept their league semifinal series.

The second period has been great for Kamloops in the series, and awful for Vernon, who beat the Venom three out of four times in the regular season.

The Venom scored nine times in the middle frame Sunday, turning a 3-1 Tigers lead into a 10-7 Kamloops edge heading into the third period, and extended a 1-0 first period advantage Saturday to 8-4 after 40 minutes with a seven-goal outburst.

Kyle Pauwels led the Venom with five goals Sunday.

Ryan Sarazin had four markers for the Tigers, Barr added two and singles came from Jake Pelletier, Jordan Orr, Thomas Landels, Quintin Harrish and Chase Wirth.

Vernon chased Kamloops starting goalie Dalan Etter, who was the first star in Game 1 with 49 saves and who essentially blanked the Tigers for 52 minutes. Matt Hans – who was knocked out of the semifinal series with the South Okanagan Flames with a concussion – finished the contest.

Darnell Hauca, who made 50 saves for the Tigers in Game 1 to earn second star honours, made 38 saves.

The Venom became the first team this season to hold the Tigers scoreless in a period when they blanked Vernon in the opening 20 minutes Saturday.

Monty Chisholm, the game’s third star, had two goals for Kamloops and Pauwels added 2+3.

Tylor Seabrooke chipped in four assists.

Harrish led the regular season champion Tigers with 1+3, Sarazin had 1+2 while other goals went to

Conor Webb, Brett Olsen and Barr.

Orr hit five goalposts behind Etter.

“Last year, we started off slow and we let down both defensively and offensively, and it’s happening again,” said Barr. “But we still feel we’re the top team and we feel we have what it takes to get back in the series.”

This year’s winner will represent the TOJLL at the Provincial Junior B championships starting July 28 in Coquitlam.

July 18, 2016 - Kamloops Venom in control of TOJLL final

by Staff [TheMorningStar](#)

The Kamloops Venom are a win away from a second straight Thompson Okanagan Junior Lacrosse League championship, and third title in five years.

The Venom scored nine times in the second period Sunday to help beat the Vernon Tigers 14-11 in Game 2 of the best-of-five final at the Kamloops Memorial Arena.

Game 3 is Tuesday at 7:30 p.m. at Kal Tire Place.

Vernon led 3-1 after the opening 20 minutes before the Venom’s middle-frame outburst which saw Kamloops take a 10-7 lead into the third period.

Kyle Pauwels led the Venom with five goals.

Ryan Sarazin had four markers to lead the Tigers, Jordy Barr added two and singles came from Jake Pelletier, Jordan Orr, Thomas Landels, Quintin Harrish and Chase Wirth.

July 16, 2016 - Kamloops Venom take TOJLL opener

by Staff [TheMorningStar](#)

The Kamloops Venom scored seven times in the second period to roll to a 9-5 win on the road over the Vernon Tigers in the opening game of the Thompson Okanagan Junior Lacrosse League final Saturday at Kal Tire Place.

Game 2 in the best-of-five series goes Sunday night at the Kamloops Memorial Arena. Game 3 returns to Vernon Tuesday.

The defending playoff champion Venom – making their 10th straight appearance in the league final – became the first team this season to hold the Tigers scoreless in a period.

Rylan Van Unen scored the only goal of the first period for Kamloops.

The Venom – who blew a 7-0 lead in Vernon in the final regular season game, a 16-13 loss – extended their lead to 4-0 in the middle frame before Vernon scored twice in 14 seconds to cut the deficit in half.

After a Kamloops timeout, the teams erupted for six goals in the next 5:08 with the Venom leading 8-4 after 40 minutes.

The teams traded goals in the final period with Conor Webb scoring for the Tigers with just 31 seconds left.

Venom goalie Dalan Etter was the game's first star, making 49 saves and blanking the Tigers for approximately 52 minutes, while counterpart Darnell Hauca made 50 saves for the Tigers to earn second star honours.

Monty Chisholm, the game's third star, had two goals for Kamloops, Kyle Pauwels had 2+3 and Van Unen also added a pair. Singles went to Brenden Bickert, Riley Peterson and Bowen Stauffer.

Tylor Seabrooke added four assists while Kolby Pauwels chipped in three helpers.

Quintin Harrish led the regular season champion Tigers with 1+3, Ryan Sarazin had 1+2 while other goals went to Webb, Brett Olsen and Jordy Barr.

Sniper Jordan Orr hit three goalposts behind Etter.

Kamloops went 1-3 with the man advantage, Vernon was 2-4.

The two teams have met in the league final for the past four years, each team winning the title twice.

This year's winner will represent the TOJLL at the Provincial Junior B championships starting July 28 in Coquitlam.

July 14, 2016 - Tigers ready for finals against Venom in Vernon

by Kevin Mitchell [TheMorningStar](#)

Some of them chat on Facebook and act civil towards one another off the floor.

Come game time, however, the Vernon Sun Valley Source For Sports Tigers and Kamloops Venom hack, whack and bodyslam one another every chance they get.

The two ultra-talented teams begin war-room strategies Saturday night as the Thompson-Okanagan Junior Lacrosse League best-of-five final series opens at Kal Tire Place (7:30).

The Tigers and the Venom have gone head-to-head in the last five finals. Each club has won twice in the four series leading up to 2016.

"It's going to be a tough series. They really don't want us to win, obviously. It's going to be a good rivalry," Venom coach/GM Brandon Pittman told Kamloops This Week.

"They're a good lacrosse team. It doesn't matter if it's a season game or exhibition game or playoff game, when you play Vernon, everything is on the table."

The series in 2015 had it all, from on the floor heroics to off-ice drama. Representatives from each team at times refused to speak to media.

Noise-makers were banned in Vernon after a raucous Kamloops contingent made the trip east. Controversy swirled over Kamloops' use of players returning from higher levels of lacrosse. It all came to an end when a single goal in Game 5 determined the league champion.

Kamloops went on to finish fourth in the provincial junior B championship, a result the club would like to have the chance to improve on in 2016.

"There's some personal issues and hate out there for sure," said Tiger phenom Ryan Sarazin, who rang up 22 goals in a season cut short by an injury.

"The fact we are both good teams creates a natural rivalry. I would rather play a one-goal game every single than win by a bunch of goals. It makes for better lacrosse."

The Tigers, who won the league title at 13-2-1, will pay special attention to superstars Riley Peterson (32+57) and Kyle Pauwels (23+47).

“We have some good defenders and Peterson and Pauwels are two players who can be shut down,” said Sarazin. “I can be shut down by the right player as well.”

Sarazin, who used to play NCAA field lacrosse for Marquette Golden Eagles in Milwaukee, says the Cats are ready for a long series.

“Hopefully it doesn’t go five games, but everyone’s healthy and we’re going to need everybody to win this series.”

The winner moves to the provincials, July 29-Aug. 1, in Coquitlam.

“We do not like each other on the floor – that’s an understatement,” said Riley Peterson.

“Game 1 is going to be really important to get. They have the home-court advantage, so we’re going to have to win a game on the road.

“We know in this series, it’s definitely bragging rights for the next year. We definitely have to win this series.”

BOXLA BANTER: Sarazin, 21, will play for the Coquitlam Junior B Adanacs in the national Founder’s Cup in Orangeville, Ont., starting Aug. 15. He hopes to play senior A next season...Jordy Barr fired 20-25 for the Cats, while Quinton Harrish had a team-high 30 assists...The Venom finished second at 11-5. Game 2 goes Sunday in Kamloops with the third game Tuesday in Vernon.

July 12, 2016 - Tigers earn final date with Venom

by Staff [TheMorningStar](#)

Another year, another Thompson-Okanagan Junior Lacrosse League championship series between the Vernon Tigers and Kamloops Venom.

The best-of-five series starts Saturday night at Kal Tire Place (7:30) with Game 2 Sunday at Kamloops Memorial Arena. The third game is Tuesday in Vernon.

Game 4, if required, will go Thursday, July 21 in Kamloops. A fifth game will be played Saturday, July 23 at the Nor-Val Sports Centre in Armstrong due to the Okanagan Military Tattoo event at Kal Tire Place.

This will be the fifth straight year the Tigers and Venom have met for the league championship, each team winning twice in that span; the Tigers in ’13 and ’14 and the Venom in ’12 and ’15.

Kamloops has been in every league final since 2009. The series winner moves to the provincials, July 29-Aug. 1, in Coquitlam. Kamloops swept the South Okanagan Flames in three games in the other semifinal series, winning 10-6 Saturday at Memorial.

Vernon finished the regular campaign by grounding the Armstrong Shamrocks 21-8 Saturday night at home.

Liam Macphee led Vernon with four goals, while Jordan Orr counted 3+2 and Jordy Barr produced 2+5.

Thomas Landels, Chase Wirth, Kolten Kirschner, Ethan Anderson and Ryan Sarazin pocketed deuces, while singles went to Nick Mann and Steele Pelletier. Conor Webb racked up three assists, while

Kirschner had two.

Sarazin, a former field lacrosse player with the NCAA Marquette Golden Eagles, missed eight games with a thumb injury. He had two helpers.

Chase Bronson and Sam Hanley had two goals each for Armstrong, while Ryan Martin had 1+3. Singles went to Colton Greeno, Hamish Crick and Jayke Cowie.

The Shamrocks started the game with 12 runners and goalie Francois Leroux. Leroux suffered a lower body injury in the last minute of the first period and runner Mykl Drabiuk played net for the final two periods.

Vernon outshot Armstrong 58-6 with Darnell Hauca taking the win. Play went running time for final 25:36 after Vernon's 14th goal.

Last year, the final saw the Tigers enjoy home-court advantage with Dalan Etter's stellar goalkeeping the difference.

The Venom hope this season ends the same way, too.

"It's definitely déjà vu," said Venom captain Riley Peterson, the club's offensive leader.

"It's crazy it has already been a year again and we're playing this team in their home barn the first game."

The Flames brought a physical game and Kamloops might be without goalkeeper Matt Hans for the series against Vernon after tempers boiled over in Game 2. A Flames' player ran Hans in the final minutes of that game, sending the goalie to a nearby hospital.

He was diagnosed with a concussion and he's doubtful.

"Game 2 in Oliver, that was a big game we had to win and we really came through in the third period. I couldn't be happier with the boys right now," said Peterson. "That's when it started getting out of control."

Etter was in a similar situation in 2015, when goalkeeper Mitch Horsman went down with a concussion in Game 4 of the TOJLL championship. Etter had torn his hamstring in Game 3 of the series, but made a triumphant return as Kamloops' only option between the pipes, leading his team to a 15-14 victory.

July 10, 2016 - Vernon Tigers advance to TOJLL final

by Staff [TheMorningStar](#)

For the fifth straight year, the Vernon Sun Valley Source For Sports Tigers and Kamloops Venom will meet in the Thompson Okanagan Junior Lacrosse League championship series.

Both teams advanced by sweeping their best-of-five semifinals Saturday night.

The Tigers dispatched the Armstrong Shamrocks 21-8 at Kal Tire Place while the hometown Venom eliminated the South Okanagan Flames 10-6.

At Kal Tire Place, the Shamrocks were shorthanded to begin the game with only one goalie and 12 runners. Goalie Francois Leroux suffered a lower body injury in the final minute of the first period, finished the frame and did not return.

Runner Mykl Drabiuk played goal the final two periods and finished with 22 saves on 36 shots.

Vernon held period leads of 7-3 and 16-4.

The final 25 minutes and 36 seconds were played under straight running time.

Game 1 in the best-of-five championship goes Saturday, July 16, at Kal Tire Place at 7:30 p.m. Game 2 is Sunday, July 17, at Kamloops Memorial Arena.

The Tigers won three of four from the Venom in the regular season.

The two teams have split the last four championships, Vernon winning in 2013 and 2014, Kamloops taking the title in 2012 and 2015.

The Venom have appeared in the league final every year since 2009.

Last year's championship went five games with Kamloops taking the deciding contest, 15-14, at Kal Tire Place.

See Wednesday's Morning Star for more details...

July 8, 2016 - Tigers, Venom hold 2-0 series leads

by Staff [TheMorningStar](#)

It appears the Vernon Source For Sports Tigers and Kamloops Venom will meet in the Thompson Okanagan Junior Lacrosse League playoff championship series.

The Tigers grounded the Armstrong Shamrocks 14-9 at Nor-Val Sports Centre, while the Venom torched the South Okanagan Flames 17-11 in Oliver Thursday night. Both teams hold 2-0 leads in the best-of-five semifinal series.

Vernon hosts Armstrong Saturday night at Kal Tire Place (7:30), while the Venom entertain the Flames at Memorial Arena.

Game 1 in the best-of-five finals is scheduled for Saturday, July 16 in Vernon. The Venom took out the Tigers in five games in last year's final.

Brett Olsen supplied 3+1 to spark the first-place Tigers past the fourth-place Shamrocks. Jake Pelletier also pulled the hat trick as Vernon rebounded from a 5-3 first-period deficit to lead 9-6 after 40 minutes.

Quintin Harrish, with 2+2, Jordan Orr and Chris Inscho with 1+2 apiece, Thomas Landels and Liam Macphee completed the Vernon offence in front of Jeremy Gray.

Sam Hanley pocketed 3+1 for Armstrong, who got singles from Nik Luttmerding, Drew Bannister, Mykl Drabiuk, Cam Watson and Rory Marshall. Francois Leroux recorded 42 saves, while Gray made 28 stops.

The Irish took 38 penalty minutes, including misconducts to Hanley and Hamish Crick, while the Cats were assessed 30 minutes, including a misconduct to Jarod Reid.

Kamloops led for the duration of the contest, which was a penalty-filled and tumultuous affair. Tempers boiled over when Venom goalkeeper Matt Hans had to be transported to hospital for X-rays in the second period after a Flames player crashed into the net.

Riley Peterson led the Kamloops attack with four goals and seven assists. Kyle Pauwels (4+2), Anthony Matusiak (3+1), Monty Chisolm (2+1), Bowen Stauffer (1+2), Riley Polacik, Kolby Pauwels and Erik Bunce also scored. Taylor Seabrooke counted five helpers.

July 7, 2016 - Orr pushes Tigers past Shamrocks in Game 1

by Staff [TheMorningStar](#)

It was more like a friendly exhibition game rather than a heated playoff battle.

The Vernon Sun Valley Source For Sports Tigers took a 17-5 win over the Armstrong Shamrocks in stride Tuesday night at Kal Tire Place, trying not to look ahead to the next round.

Game two in the best-of-five Thompson Okanagan Junior Lacrosse League semifinal series went Thursday night at Nor-Val Sports Centre, while the third game is Saturday, 7:30 p.m., at Kal Tire Place.

The second-place Kamloops Venom stopped the visiting South Okanagan Flames 9-5 Tuesday night at Memorial Arena in that series opener. v “It wasn’t too intense out there,” said Vernon 20-year-old veteran Jordan Orr, who earned first star with 3+1. “Armstrong only had 13 runners so it was pretty loose. We have to stay focused on this series and not worry about Kamloops or Penticton.”

It was 7-0 Vernon after one period and 12-3 Tigers after two.

Jake Pelletier pocketed 2+3, while Thomas Landels (third star) and Kyle Cuzzetto each registered 2+2 for the league champion Tigers.

Jordy Barr produced 2+1, Brett Olsen (second star) had 1+3, while Quintin Harrish and Chris Inscho each supplied 1+2 and Connor Webb, Liam Macphee and Sean Connors had the other Vernon goals.

Orr said the Tigers’ long bench should carry them a long way in the post-season.

“Basically, you can go out there with anybody and have a good shift; we have lots of depth.”

Cam Watson rang up 2+1 to lead fourth-place Armstrong, who also got snipes from Mykl Drabiuk, Nik Luttmarding and Chase Bronson.

Leroux stopped 42 shots as Vernon outshot Armstrong 59-40. Darnell Hauca played the first 40 minutes in goal for the Tigers and made 24 saves, including 16 in the second period, while Jeremy Gray played the third period and recorded 11 saves.

Armstrong scored twice on the powerplay, Vernon once.

The Tigers scored two goals five seconds apart in both the first and second periods, and two goals six seconds apart in the third.

Riley Peterson bagged two goals and four points as Kamloops dusted off the Flames 9-5 Tuesday night. Game 2 went Thursday night in Oliver with Game 3 back in Kamloops Saturday.

Also tallying points for the Venom were Kyle Pauwels (2+1), Anthony Matusiak (2+1), Bowen Stauffer (2G), and Tylor Seabrooke Dalan Etter made 34 saves and had one assist as Kamloops outshot South Okanagan 52-39.

June 30, 2016 - Vernon Tigers stun Kamloops

by Staff [TheMorningStar](#)

OK, so maybe spotting your arch-rivals a converted touchdown lead in lacrosse isn’t wise.

The Vernon Sun Valley Source For Sports Tigers fell behind 7-0 to Kamloops 14 minutes into the opening period Wednesday at Kal Tire Place before rallying in the final 46 minutes for an exciting 16-13 win over the Venom in both teams’ final Thompson Okanagan Junior Lacrosse League regular season game.

Kamloops scored on three of their first six shots to chase Tigers starting goalie Darnell Hauka, then added four more on Jeremy Gray before Vernon got on the scoreboard. The Venom took a 7-3 lead into the second period.

After the Venom made it 9-5 eight minutes into the frame, Gray left the game (could be seen in street clothes in tunnel in third period) and Hauka returned.

Three goals in under four minutes by the Tigers cut the Kamloops edge to 9-8, but a pair of snipes 24 seconds apart gave the Venom an 11-8 lead. Vernon scored three times in the final 83 seconds of the period, trimming the Kamloops advantage to 12-11 after 40 minutes.

The Venom (11-5) scored a minute into the third and then Hauka redeemed himself. He blanked Kamloops the rest of the period, making 12 saves in the frame. The Tigers scored five unanswered goals with Brett Olsen pocketing the winner at 14:24, and Conor Webb adding a huge insurance marker 15 seconds later on a breakaway.

Quintin Harrish (3+4), Olsen (3+3) and Jordan Orr each had three goals for the Tigers, who finish the year 13-2-1. Jordy Barr, Chase Wirth and Webb had two goals each while Sean Connors added a single.

Matt Hans made 47 saves for Kamloops while Hauka and Gray combined for 36 stops for Vernon, who host either the Kelowna Raiders or Armstrong Shamrocks in a best-of-five semifinal starting Tuesday at Kal Tire Place.

The 'Rocks and Raiders play Thursday night in Kelowna. Armstrong needs to win to clinch the final playoff spot. A Kelowna win or tie means the Raiders finish fourth.

The Venom take on the South Okanagan Flames in the other semifinal.

June 29, 2016 - Vernon Tigers clinch TOJLL

by Staff [TheMorningStar](#)

The Vernon Sun Valley Source for Sports Tigers clinched first place and the Kamloops Venom claimed second spot in the Thompson Okanagan Junior Lacrosse League Sunday.

The Tigers took advantage of a short-handed Kelowna squad to club the Raiders 13-4 at Kal Tire Place, while the Venom used a second-period outburst to tame the visiting Armstrong Shamrocks 17-7.

The Tigers (12-2-1) close out their regular season tonight at home against the Venom (11-4). Game time is 7:30 at Kal Tire Place.

The Raiders – who came to Vernon with eight runners and a goalie – scored on their first two shots to take a 2-0 lead before the Tigers woke up and scored the next six for a 6-2 lead after the opening period.

Both teams agreed to play running time (no clock stoppages) for the final two periods.

Vernon stretched the margin to 11-3 after 40 minutes.

Jordan Orr led the Tigers with three goals and three assists.

Brett Olsen had 3+2, Jordy Barr, Quintin Harrish and Thomas Landels each scored twice and Chris Inscho added a single to support goalie Darnell Hauka, who finished with 27 saves.

Vernon fired 52 shots at Raiders goalie Nick Pilato.

In Kamloops, the Venom stretched a 5-3 first-period lead against Armstrong to 12-5 with seven goals in

the middle frame.

Sam Hanley led the Shamrocks with four goals, Marlon Forrest added two and Cam Watson had the other.

Goalie Francois Leroux faced 68 shots.

The Shamrocks (1-13-1) can still clinch a playoff spot with a win Thursday in Kelowna against the Raiders (2-12-1).

A victory would give Armstrong the season series over the Raiders and a date with Vernon in the opening-round, best-of-five semifinals starting Tuesday, July 5 in Vernon.

If Kelowna wins or ties, they'll clinch fourth place and will meet the Tigers.

The Venom will have home floor against the South Okanagan Flames (10-5-1) in the other semifinal.

South Okanagan has been forced again to move its home playoff games to Oliver due to no available floor time at any of Penticton's four arenas.

June 23, 2016 - Flames surprise Tigers with playoffs on horizon in Vernon

Kaid Macleod doesn't remember.

Neither does coach Kevin Thompson.

League archives show no seasonal results but suffice to say, it's been awhile – a long while – since the South Okanagan Flames beat the Vernon Sun Valley Source For Sports Tigers in the Thompson Okanagan Junior Lacrosse League.

All that changed Wednesday at Kal Tire Place as the Flames whipped the Tigers 15-7 in South Okanagan's final regular season game. The loss snapped Vernon's 11-game winning, and 12-game unbeaten streak.

Macleod has been with the team five seasons, Thompson has been behind the bench for three and trainer and 2015 league MVP Chris Pond – who had his number retired by the Flames at the start of the season – played six years for the club. None of them remember a win over the Tigers.

"It's a big win going into playoffs. A good momentum builder. Obviously they're a great team and it feels good to beat them. They're a strong team, have probably the best team defence in the league, well-coached and well-disciplined," said Macleod, who torched the Tigers for 10 points on four goals and six assists. He had nine points (4+5) in South Okanagan's 12-11 loss to the Tigers Saturday in Vernon.

The Flames, who trailed Saturday's game 6-3 after 20 minutes, outscored the Tigers 21-13 over the final five periods of the back-to-back contests in Vernon.

South Okanagan jumped out to a 4-1 lead Wednesday after 20 minutes and increased the advantage to 10 goals, outscoring Vernon 9-2 in the middle frame for a 13-3 lead.

The Tigers scored four goals in the first five minutes of the third to pull to within six. Harrish had a gorgeous diving snipe.

The Flames scored four powerplay goals and three shorthanded markers.

Brad Stel – a former minor and junior goalie turned defender – donned the goaltending gear again for the Flames and earned second star status behind Macleod as he made 52 saves. The Tigers also hit eight

posts behind Stel.

Starting goalie Charles Nicholas and Midget call-up Connor Ramage – who both played in Saturday's loss – did not make the trip to Vernon.

Darnell Hauca started in goal for Vernon but was replaced by Jeremy Gray after the 12th Flames goal at 17:41 of the second period.

Quintin Harrish had three goals for the Tigers, who missed a chance to clinch first place Wednesday. Steele Pelletier scored twice and singles went to Sean Connors and Conor Webb.

“We came out a little flat-footed,” said Harrish. “We know they're a good, tough team. It was just an all-around poor night by our team.”

The Flames – who finished at 10-5-1, best record in team history – moved into second place, one point ahead of Kamloops. The Venom, however, have two games left against the Armstrong Shamrocks Sunday and the Tigers.

Vernon (11-2-1) hosts the Kelowna Raiders (2-11-1) Sunday at 7:30 p.m. at Kal Tire Place. The Tigers can again clinch first with a win Sunday or in their final home game Wednesday against the Venom.

The Shamrocks and Raiders played to a 6-6 tie Wednesday at the Nor-Val Sports Centre in the Irish's final home game.

Mykl Drabiuk's goal with less than three minutes left gave the Shamrocks the single point and kept their playoff hopes alive.

Drabiuk and Marlon Forrest each had two goals for Armstrong, who fired 58 shots at Raiders goalie Tristan Parece, including 30 in the opening period, all of which Parece stopped.

Carter Olsen-Stiles and Nik Luttmerding had the other Shamrock goals.

Kelowna maintains a two-point lead on the Shamrocks (1-12-1) for the final playoff spot and the two teams will meet in the final game of the season Thursday in Kelowna.

June 20, 2016 - Tigers hold off Flames

by Roger Knox [TheMorningStar](#)

A good first period was enough to lift the Vernon Sun Valley Source For Sports Tigers to their 10th straight Thompson Okanagan Junior Lacrosse League win.

The Tigers scored six times in the first period, then held on at the end to edge the South Okanagan Flames 12-11 Saturday at Kal Tire Place.

The two teams meet again Wednesday night at Kal Tire Place (7:30).

The Tigers led 12-7 with 11:26 left in the game. The Flames scored three times in 1:39 – including two shorthanded markers on the same Vernon powerplay – and got to within one with a man-advantage marker with 82 seconds left.

South Okanagan had the ball in the final 15 seconds going for the equalizer but the Tigers' Ethan Anderson knocked down Louis Shortreed, and Vernon picked up the loose ball to run out the clock.

“I think the boys let their guard down and found out how fast things can change,” said Tigers' head coach Chris Scabar.

The Tigers, unbeaten in 11, sit atop the league at 11-1-1, three points ahead of the Kamloops Venom

(10-4) and four up on the Flames (9-5-1), who play their final regular season game Wednesday.

Steele Pelletier had four goals and Jordy Barr added three to pace the Tigers, who led 6-3 after one period and scored two powerplay goals in the first two minutes of the second period to chase Flames starting goalie Connor Ramage, a minor lacrosse call-up.

Ramage got the nod ahead of regular starter Charles Nicholas, who found out an hour before boarding the team bus Saturday that a beloved cousin, age 22, had died.

“I talked to the team about situations like this. Sports is an excellent opportunity to leave your personal problems in the change room, go out and do your best on the floor, then come back and pick your personal problems up after the game,” said Flames head coach Kevin Thompson.

“Charles came in and wanted to get in the game. He stood strong in the second and third (periods). He played great.”

Nicholas finished the game and allowed four goals on 38 shots as Vernon outshot South Okanagan 67-57. Darnell Hauca went the distance in goal for the Tigers.

Jake Pelletier had two goals for Vernon while singles went to Anderson and Thomas Landels.

Jordan Orr, making his season debut, had one assist.

Kaid McLeod led South Okanagan with 4+5.

There was a scary moment in the game as referee West Munson blew his whistle against the play with 1:37 left in the first period, then staggered into a corner before sitting down.

Munson was examined by Tigers’ physiotherapist Leslie Landels and by Thompson, a retired firefighter and paramedic.

“I think he was alright,” said Thompson. “He was good, he was flush, his heart was not going out of whack. He was in good spirits the whole time we were talking to him. I wasn’t stressed out enough to call 911.”

Munson walked off the floor under his own power and, in fact, officiated the rest of the game.

The game began with a moment of silence in memory of former Tigers assistant coach and governor Tom Frame, who died suddenly in February. The Tigers organization presented Frame’s wife, Barb, and son Nolan with flowers, and players have been wearing decals with Framer’s initials – TF – on their helmets throughout the season.

The Tigers need one point in their final three games – all at Kal Tire Place against South Okanagan, Kelowna and Kamloops – to clinch first place and a first-round best-of-five playoff date with either the Armstrong Shamrocks or Kelowna Raiders.

The Venom need a win over Armstrong or Vernon in their final two games to clinch second place and home floor in the first round of the playoffs.

Armstrong is two points back of Kelowna for the final playoff spot and play the Raiders in two of their three remaining games, including Wednesday in the Shamrocks’ final home game of the year (7:30 at Nor-Val Sports Centre).

The Shamrocks gave up 11 first-period goals Friday and fell 19-5 to the Venom in Kamloops.

Drew Bannister scored twice for Armstrong, while singles went to Colton Greeno, Sam Hanley and Mykl Drabiuk.

Should Armstrong (1-12) and Kelowna (2-11) end up tied in points and split their season series (each

team has a win against the other so far), fourth place will be determined by goals for and against.

June 17, 2016 - Tigers meet Flames Saturday night

The Vernon Sun Valley Source For Sports Tigers had a chance to pad their lead atop the Thompson Okanagan Junior Lacrosse League Saturday at home.

The Tigers took on the South Okanagan Flames at Kal Tire Place. Vernon (10-1-1) entered the game with a two-point lead on the Flames (9-4-1) having extended its winning streak to nine and unbeaten run to 10 games Thursday in Kelowna with an 11-6 win over the Raiders.

In Kamloops, the third-place Venom (9-4) took care of the Flames 13-6.

Jordy Barr, Ethan Anderson and Thomas Landels each scored twice for the Tigers, who enjoyed period leads of 5-1 and 8-4.

Chris Inscho, Conor Webb, Jake Pelletier, Sean Connors and Steele Pelletier – who added three assists – scored single goals for Vernon.

Raiders goalie Tristan Parece ended up making 55 saves, including 21 in the opening period, while Tigers towering counterpart Jeremy Gray finished with 36 saves.

Vernon plays its final four games of the regular season at home, three of them against South Okanagan (two) and Kamloops.

The Tigers paid tribute before Saturday night's game to former assistant coach Tom Frame, who died suddenly earlier this year.

The team presented Frame's wife, Barb, and sons Nolan and Tom Junior with flowers, and held two minutes of silence for the popular coach.

Tom Frame Sr. died Feb. 24 from an aortic dissection. The highly popular oldtimers hockey goalie and skier was 58.

The Armstrong Shamrocks (1-11) played in Kamloops Friday night. Armstrong is two points back of Kelowna (2-11) for the final playoff spot.

June 15, 2016 - Tigers lose Sarazin; welcome back Orr

by Kevin Mitchell [TheMorningStar](#)

Lose their leading scorer for six weeks while battling for first place?

Not a problem for the Vernon Sun Valley Source For Sports Tigers in the Thompson Okanagan Junior Lacrosse League.

The Tigers will have to do without injured Ryan Sarazin for the next six weeks but have signed former scoring star Jordan Orr for the rest of the season.

“Jordan is comparable to Ryan as far as scoring goes,” said Tigers head coach Chris Scabar.

“It puts us in a great position. Jordan took some time off but said he wanted to come back. He's got support from us and his parents. We're ecstatic to have him back.”

Orr finished second in team scoring a year ago with 28 goals and 26 assists for 54 points, six back of

Sarazin. He will make his 2016 debut Thursday in Kelowna.

Sarazin, who broke his thumb last Thursday night after taking a slash from Greg Batt in Kelowna, has 28-18-47 for the Tigers, who extended their winning streak to eight games, and their unbeaten mark to nine, by dispatching the Armstrong Shamrocks 12-7 Friday at the Nor-Val Sports Centre.

Sarazin, who plays field lacrosse for the Marquette University Golden Eagles in Milwaukee, was hoping to have surgery Tuesday in Vernon. He landed some heavy blows in a scrap with Batt after the slash. Batt has 31 points and 108 penalty minutes.

Jordy Barr had three goals and two assists while Jake Pelletier scored four times for the Tigers, who had period leads of 4-2 and 10-4.

Quintin Harrish scored twice while singles went to Chris Inscho, Chase Wirth and Sean Connors for the Tigers, who played without Sarazin and rested fellow veteran Thomas Landels.

The Cats also played midget callup Troy Cuzzetto in goal.

“Troy played well,” said Scabar. “He’s been out to every practice and has taken a lot of rubber from our guys so I felt he deserved a chance to play. It also qualifies him for provincials, if we make it that far.”

Cuzzetto finished with 22 saves while counterpart Francois Leroux made 42 stops for the Shamrocks, who were led offensively by Mykl Drabiuk with 2+3.

Ryan Sadersky had two goals, Drew Bannister added 1+3 and single Shamrock markers went to Marlon Forrest and Garrett Turner. The Shamrocks have lost eight straight.

Vernon (9-1-1) and the South Okanagan Flames (9-3-1) remain tied for first place after the Flames beat the visiting third-place Kamloops Venom 12-9 Monday night in Penticton.

The Tigers visit the fourth-place Kelowna Raiders (2-9) Thursday while South Okanagan travels to Kamloops (8-4) for a rematch with the Venom.

The Shamrocks (1-10) play in Kamloops Friday, and the Tigers host the Flames Saturday at 7:30 p.m. at Kal Tire Place.

Finishing in first place would give Vernon a first-round playoff matchup with either Kelowna or Armstrong. Finishing second or third would mean a date with either the Flames or Venom in the opening round.

June 12, 2016 - Tigers take over penthouse

by Staff [TheMorningStar](#)

The Vernon Sun Valley Source For Sports Tigers finally reached the top of the Thompson Okanagan Junior Lacrosse League standings.

The defending regular-season champions won their seventh straight game Thursday night, and stretched their unbeaten streak to eight games, with an 18-4 win over the Raiders in Kelowna.

Vernon (8-1-1) took on the Shamrocks (1-10) at the Nor-Val Sports Centre Friday.

The Tigers and South Okanagan Flames (8-3-1) have 17 points, one more than the Kamloops Venom (8-3).

Like they did six nights earlier at Kal Tire Place, the Tigers scored nine goals against the Raiders in the opening 20 minutes.

Vernon led 9-3 after one and stretched the advantage to 14-4 after 40 minutes.

Jordy Barr led the offence with three goals and four assists. Ryan Sarazin and Brett Olsen also scored three goals apiece.

Thomas Landels had 2+3, the Pelletier brothers, Jake and Steele, each scored twice while Quintin Harrish picked up five points with a goal and four assists. Conor Webb and Kyle Cuzzetto, with his first of the season, had the other goals for the Tigers, who played both of their goaltenders – starter Darnell Hauca and Jeremy Gray – Thursday. Hauca recorded one assist.

Vernon has three games remaining with the Flames (two) and Venom – all at Kal Tire Place – and plays four of its final five contests at home.

June 8, 2016 - Tigers defeat Raiders

by Staff [TheMorningStar](#)

At the agreement of both teams, the Vernon Sun Valley Source For Sports Tigers and Kelowna Raiders enacted a Thompson Okanagan Junior Lacrosse League mercy rule.

With the Tigers leading 11-2 nine minutes into the second period, and with Kelowna down to 10 runners and a goalie (started the game with 11 runners), both teams agreed to let the clock run.

The Tigers ended up winning 16-2 Saturday night, at Kal Tire Place.

Quintin Harrish scored four times for the Tigers, Ryan Sarazin added three while Brett Olsen and Thomas Landels each bagged a pair. Singles went to Sean Connors, Conor Webb, Jordy Barr, Nick Mann and Jake Pelletier.

Jeremy Gray went the distance in goal for the Tigers but only had to make 14 saves as Vernon outshot Kelowna 66-16.

South Okanagan Flames took care of a shorthanded Armstrong squad Monday in Penticton, beating the Shamrocks 15-5.

The Shamrocks fell 16-5 at home Friday to the Kamloops Venom.

Cam Watson led Armstrong with 1+2 while Chase Bronson, Forrest, Drew Bannister and Blake Luttmending had the other goals.

South Okanagan (8-3-1) has a one-point lead on Kamloops (8-3) and a two-point cushion on Vernon (7-1-1).

The Tigers visit Kelowna (2-9) Thursday and travel to Armstrong Friday for a game with the Shamrocks (1-10) at Nor-Val Sports Centre at 7:30 p.m.

June 1, 2016 - Harrish hot for Sun Valley Tigers

by Staff [TheMorningStar](#)

Third-period goals from Quintin Harrish and Jordy Barr lifted the Vernon Sun Valley Source For Sports Tigers to a 10-9 Thompson Okanagan Junior Lacrosse League victory over the hometown Kamloops Venom Saturday night.

Harrish had three goals, Barr finished with two and singles went to Ethan Anderson, Conor Webb, Brett Olsen, Ryan Sarazin and Jake Pelletier as the Tigers stretched their unbeaten streak to six games.

The Tigers (6-1-1) sit third in the league, one point back of the Venom (7-3) and two behind the front-running South Okanagan Flames (7-3-1), who won their fourth straight Monday, 11-9 over the Kelowna Raiders, to move into top spot.

The Flames scored six times in the first and third periods Friday night to topple the Armstrong Shamrocks 14-6 at the Shaw Centre in Salmon Arm.

Sam Hanley scored five times while Mykl Drabiuk had the other goal for Armstrong (1-8), who sit two points back of the Raiders (2-7) for the fourth and final playoff spot.

Drew Bannister added four assists.

The Shamrocks host the Venom Friday night at the Nor-Val Sports Centre while the Tigers entertain the Raiders Saturday at Kal Tire Place. Both games start at 7:30 p.m.

* Kelowna Raiders went into Armstrong Saturday and picked up their first win of the Thompson Okanagan Senior Lacrosse League season, downing the league-leading Shamrocks 11-9.

The loss came 24 hours after the Irish won a first-place showdown in Kamloops, icing the Rattlers 16-8.

The Shamrocks took a 3-1 lead over the Raiders after the first period but strong defensive play by the Raiders and fatigue caused the Shamrocks to fall behind 7-5 after the second period.

The Shamrocks managed to mount a comeback late in the third period when Tyson Fair and Jarrett Medhurst each scored to make the score 10-9 but an untimely penalty with one minute remaining stopped any momentum and the Raiders used their opportunity to score with the man advantage for the 11-9 win.

“We were tired and short-benched but we also created a lot of opportunities and were not as crisp with our passing and shooting as we were the night before against Kamloop,” said Shamrocks coach Ryan Nitchie. “Kelowna has a proud team and they were obviously hungry for their first win and they worked hard to beat us.”

League-leading scorer Steve McIlwraith fired four goals in Kamloops Friday night, three of them shorthanded, while Medhurst scored five times. Owen Barker – who also suits up for the Western Lacrosse Association’s Maple Ridge Burrards – scored twice.

The Shamrocks travel to Kelowna for a re-match Saturday night, then return home for a game against the Rattlers on Saturday, June 11, on the Shamrocks’ annual Alumni Night celebration.

The teams recognizes Shamrocks and Vernon Tigers alumni from the past decades.

All Shamrocks and Tigers alumni are invited to attend the game with a special VIP lounge and an intermission introduction ceremony. Game time is 7 p.m. at the Nor-Val Sports Centre.

* Barker has a goal and two assists for the Burrards. Former Armstrong Junior Shamrocks teammate Brett Hawrys has 3+2 in three games with the Nanaimo Timbermen. Vernon goalie Brodie MacDonald is 0-2 with a 12.54 goals against average for the Langley Thunder, and former Vernon Tigers junior goalie Josh Phillips lost his only start for the Coquitlam Adanacs, an 8-6 decision to the Burnaby Lakers, where he made 40 saves and was selected third star.

May 27, 2016 - Sarazin's 11 points sink Shamrocks

by Staff [TheMorningStar](#)

For 25 minutes, Wednesday's Thompson Okanagan Junior Lacrosse League matchup between the Vernon Sun Valley Source For Sports Tigers and Armstrong Shamrocks was close.

With Vernon leading 6-4 five minutes into the second period, the Tigers scored 10 goals in the next 14 minutes and rolled to a 19-6 win over the Shamrocks at Kal Tire Place.

"We're working well at both ends of the floor right now," said Tigers' bench boss Chris Scabar. "It's something we've been working hard on."

Veteran Ryan Sarazin scored as many goals as his opponent, and added five assists for an 11-point night to pace the Tigers, who are now 5-1-1, unbeaten in four and in a second place tie with the South Okanagan Flames (5-3-1).

Both teams are one point back of the Kamloops Venom (6-2).

Sarazin is sixth in league scoring with 15 goals and 34 points.

Thomas Landels and rookie Nick Mann – with his first-ever Junior league snipe – had 2+1 while Chase Wirth, Jake Pelletier and Jordy Barr added deuces. Single goals went to Quintin Harrish, Conor Webb and Midget call-up Caden Colmorgen.

"Caden and Thomas Mackiewich, another Midget call-up, fit right in with the club" said Scabar.

"They've been at every practice. And Nick Mann is starting to come into his own. It's great to see."

Mykl Drabiuk and Drew Bannister each had two goals for the Shamrocks, who trailed 4-2 after one and 16-5 after two periods.

Team captain Marlon Forrest, who missed nearly half of the middle frame after taking a high stick from Logan Revell under the chin, and Nik Luttmerring had the other goals for Armstrong. Hanley earned two assists.

Forrest has 15 goals and 37 points, good for a tie in the league points derby with Hanley (20G).

Goalies Francois Leroux and Caden Luttmerring combined to make 49 saves for the Shamrocks while Darnell Hauca and Jeremy Gray made 38 saves for the Tigers.

Gray was seeing his first action of the year as he recovers from an injury. The towering netminder added one assist.

The Shamrocks take to the road for their next home game.

Armstrong will face the South Okanagan Flames (5-3-1) at the Shaw Centre in Salmon Arm tonight at 7:30.

A number of players and executive are expected to attend the celebration of life service today at 2 p.m. in Blind Bay for Brody Southwell-Berg, a four-year member of the Shamrocks who was killed in a car accident earlier this month.

"It will be an emotional day," said Shamrocks manager Amy Drabiuk.

The Shamrocks, said Drabiuk, are excited to showcase lacrosse as they will be guests during the Shuswap Outlaws' pee wee tournament this weekend at the Shaw Centre.

The Tigers return to action Saturday when they visit Kamloops. The Venom, who took on the Raiders in Kelowna Thursday, have dropped two straight after starting 6-0.

May 20, 2016 - Hauca finds zone for Tigers

by Roger Knox [TheMorningStar](#)

A lethal powerplay and solid goaltending spelled doom for the Kamloops Venom.

The Vernon Sun Valley Source For Sports Tigers scored five times on the powerplay, including two on a late five-minute advantage, and rookie goalie Darnell Hauca made 37 saves as the Tigers handed the Venom their first loss of the Thompson Okanagan Junior Lacrosse League season, 12-8, Wednesday night at Kal Tire Place.

“Darnell was great tonight, stopping a lot of the outside shots and he played awesome,” said Tigers forward Steele Pelletier – the game’s first star who fired four goals on the evening – of Hauca, who earned second star honours.

“The message before the game was simple: ‘Come out, play physical, don’t do anything stupid and stay out of the box.’”

The Tigers took only three minor penalties, while the Venom took six along with the five-minute penalty midway through the third period to Tylor Seabrooke.

The Venom were 6-0 entering the game against the 3-1-1 Tigers.

Kamloops jumped out to a quick 2-0 lead in the first 3:29 but Vernon led 4-3 after the opening 20 minutes, and stretched the margin to 9-6 after 40 minutes, scoring three times on four powerplay chances.

The Venom got to within 9-8 before the Tigers pulled away, thanks to a pair of goals from rookie Jordan Reid and Pelletier on the major to Seabrooke.

Jordy Barr had three consecutive first-period goals for the Tigers, Quintin Harrish added two, while singles went to Sean Connors and Brett Olsen, who also chipped in four assists.

“We had a couple of defensive breakdowns and didn’t come out strong,” said Venom captain Riley Peterson, who had two goals on the night, as did veteran teammate Kyle Pauwels.

“Vernon definitely outworked us, got a lot of the loose balls tonight and outthustled us.”

The Tigers host the Armstrong Shamrocks (1-6) Wednesday, May 25, at 7:30 p.m. Their scheduled game versus the Kelowna Raiders Saturday was postponed.

May 18, 2016 - Home floor fires up Tigers attack

by Roger Knox - [TheMorningStar](#)

Any worry the Vernon Sun Valley Source For Sports Tigers might look past the cellar-dwelling Armstrong Shamrocks to tonight’s Thompson Okanagan Junior Lacrosse League tilt with the visiting – and unbeaten – Kamloops Venom disappeared quickly Saturday.

The Tigers celebrated their home opener by scoring eight times in the first 6:53, and rolled to a 25-9 romp over the Shamrocks before several hundred fans at Kal Tire Place.

“The boys were focused on playing the home opener,” said Tigers bench boss Chris Scabar. “They were quite happy to play in front of a home crowd.”

The Tigers (3-1-1) entertain the Venom (6-0) in a rematch of last year’s five-game classic championship final at 7:30 p.m. at Kal Tire Place.

Kamloops won the series by beating the Tigers 15-14 in the deciding game at Kal Tire Place.

Rookie Jake Pelletier and Ethan Anderson led the offensive onslaught against Armstrong with four goals each.

“A four-goal night will boost my confidence,” said Pelletier, whose older brother Steele added three goals.

Jordy Barr, captain Liam MacPhee, Ryan Sarazin, Sean Connors and Thomas Landels had two each and singles went to Brett Olsen, Logan Revell, Chase Wirth and Quintin Harrish. The Tigers led 9-3 after one period and 20-5 after two.

Sarazin, the all-time Tigers’ leading scorer, collected career point No. 200 with a first-period goal.

Sam Hanley had three goals for Armstrong (1-6), Chase Bronson and Marlon Forrest added two each and singles went to Drew Bannister and Hamish Crick.

The Shamrocks scored six times on the powerplay.

“That’s a concern. Lots of concern, actually,” said Scabar. “The lack of discipline shows. It’s got to come from example to stop.”

Goalies Darnell Hauca and North Okanagan Legends Midget B call-up Troy Cuzzetto combined to make 38 saves for the Tigers while Francois Leroux and Caden Luttmerding made 31 saves for the Shamrocks, who fell 16-8 to the unbeaten Venom the night before at the Nor-Val Sports Centre.

Hanley and Bronson had two goals each for Armstrong while singles went to Forrest, Bannister, Blake Luttmerding and Nik Luttmerding.

The Shamrocks are off until May 25 when they return to Kal Tire Place to face the Tigers.

May 11, 2016 - Shamrocks mourn loss of popular veteran

by [TheMorningStar](#)

The Armstrong Shamrocks played with heavy hearts at home Friday.

The Shamrocks went into the back end of their Thompson Okanagan Junior Lacrosse League home-and-home series with the Kelowna Raiders Friday night at the Nor-Val Sports Centre dealing with the loss of teammate Brody Southwell-Berg, who was killed in a car accident near his hometown of Blind Bay, in the Shuswap, early Friday morning.

“He was a great player and teammate who was friendly, always had a smile on his face and was a pleasure to coach,” said Shamrocks assistant coach and general manager Jeff Hanley.

“Brody was a favourite amongst the other players. He was a great asset to the team on both offence and defence. He was a well-rounded player who could comfortably slide into whatever role we needed him to.”

Southwell-Berg, a left-handed shot, spent four years with the Shamrocks. He played in this year’s Archie Jack Icebreaker tournament and in the team’s season-opening loss to the Vernon Sun Valley Source For Sports Tigers, but had not played since.

“He was trying to balance his schedule and we were all looking forward to his full-time return,” said Hanley. “His impact with the team this year would have been huge.”

The Irish retired Southwell-Berg’s No. 22 prior to the start of Friday’s game.

“It was a very tough call for all of us as far as playing tonight,” said Hanley on Friday. “His death is a huge shock to all and we only learned of it this morning. The decision was made to carry on with tonight’s game in Brody’s honour which we all believe is what he would have wanted ,and I think it will give the guys a chance to properly pay their respects on the floor which I believe would mean a lot to Brody.”

The Raiders outscored Armstrong 6-2 in the final 20 minutes to post a 12-10 win Friday, earning a split of the home-and-home.

Sam Hanley led the Irish with six goals and an assist. Marlon Forrest had 2+6, Nik Luttmerding added 1+3 and Cameron Watson scored the other goal for Armstrong, who led 5-3 after one.

It was the Shamrocks who came from behind Thursday at Kelowna Memorial Arena, scoring seven times in the final frame for a 15-14 win over the Raiders.

Forrest fired four goals for the ‘Rocks while Liam Drabiuk added 3+4. Sam Hanley, with 2+5, Chase Bronson and Blake Luttmerding added two goals each while singles went to Watson and Brody Drydyk to support Francois Leroux.

The Tigers went to Penticton Monday night and iced the South Okanagan Flames 13-2 at Memorial Arena.

Jordy Barr bagged four goals for Vernon. Ryan Sarazin had 3+2 and Jake Pelletier also added a hat trick. Quintin Harrish had 2+2 and Connor Webb rounded out the scoring.

Steel Pelletier set up four goals, Brett Olsen chipped in three helpers. The Shamrocks (1-4) host the league-leading unbeaten Kamloops Venom (4-0) Friday at 7:30 p.m. at the Nor-Val Sports Centre.

The Tigers (2-1-1) play the Shamrocks in Vernon’s home opener Saturday at 7:30 p.m. at Kal Tire Place.

May 4, 2016 - Tigers rally to tie Flames

by Staff - [TheMorningStar](#)

The only time the Vernon Sun Valley Source for Sports Tigers faced a two-game winless streak in 2015 was in the championship final.

Things are different early in 2016 for the defending Thompson Okanagan Junior Lacrosse League regular season champions.

A five-goal third period Monday night helped the Tigers salvage an 8-8 draw with the unbeaten South Okanagan Flames in Penticton. The single point came 48 hours after an 11-9 loss in Kamloops to the Venom in a rematch of last year’s five-game epic final series.

“We haven’t been playing well and meeting our expectations, but the guys did rally from three or four goals down,” said Tigers’ head coach Chris Scabar, whose squad is 1-1-1 after becoming the first team in league history to go 16-0 in the regular season.

Jordy Barr, Ryan Sarazin and Quintin Harrish each had two goals Monday while singles went to Thomas Landels and Ethan Anderson. Brett Olsen chipped in four assists.

Darnell Hauca finished with 47 saves, including 21 in the middle frame when the Tigers were outscored 5-2, giving the Flames a 6-3 advantage going into the final 20 minutes.

“Darnell has played a couple of great games,” said Scabar. “There might have been one or two soft

goals in there but in Penticton he stood in there and finished strong.”

Hauca recorded 37 saves Saturday versus Kamloops, where veteran Venom sniper Riley Peterson pocketed four goals and four assists.

Sarazin had 2+2 for the Tigers, Harrish and Olsen also scored twice with single markers going to Sean Connors, Barr and Landels.

The Tigers return to Penticton Monday to face the 3-0-1 Flames, and play its home opener Saturday, May 14, vs the 0-3 Armstrong Shamrocks, who fell 20-13 and 19-11 in a home-and-home with the Flames.

April 29, 2016 - Sarazin's six-pack propels Tigers past Shamrocks

by Staff - [TheMorningStar](#)

The transition from field lacrosse player with the Marquette Golden Eagles in Milwaukee to boxla with the Vernon Source For Sports Tigers is no big deal for Ryan Sarazin.

The slick 5-foot-11, 195-pounder rang up six goals and one assist as the Tigers torched the Armstrong Shamrocks 22-10 in Thompson Okanagan Junior Lacrosse League play Friday night at Nor-Val Sports Centre.

Sarazin, who turns 21 this Saturday, supplied a deuce in the first period as Vernon grabbed a 7-4 lead. The Cats were ahead 16-9 after 40 minutes.

Jake Pelletier and Jordy Barr each provided 4+2, while rookie Kolten Kirschner produced 2+2 and Thomas Landels also scored twice. Conor Webb earned 1+3, while Liam MacPhee had one snipe. Goalie Darnell Hauca pocketed a pair of assists.

It was the season opener for both clubs and the Shamrocks went with young Francois Leroux in net as they look for a veteran backstop.

Marlon Forrest and Mykl Drabiuk each collected 3+1 for the Shamrocks, while Sam Hanley notched 2+2. Drew Bannister bagged 1+3, while Nik Luttmending had a single.

Armstrong visits the Kelowna Raiders Friday night, while the Tigers take on the Rattlers Saturday in Kamloops.

April 22, 2016 - Junior boxla season opens

by Roger Knox - [TheMorningStar](#)

For the Vernon Sun Valley Source For Sports Tigers and Armstrong Shamrocks, the season goals are different.

One wants to make playoffs. The other wants to win provincials.

The two rivals start their quests tonight as the Thompson Okanagan Junior Lacrosse League begins its regular season with the Tigers visiting the Irish at the Nor-Val Sports Centre (7:30 p.m.).

Last season, the Tigers became the first team in league history to run the table during the regular season – 16-0. Vernon swept fourth-place Armstrong in the first round of the playoffs before suffering their only losses of the year – three in total – to the Kamloops Venom, who won the league playoff series 3-

2.

“We are setting the bar high this year: we want to win the playoffs, go to provincials and win that,” said Tigers head coach Chris Scabar. “Our team won’t be satisfied with anything else.”

Scabar will have a relatively young squad though veteran snipers Ryan Sarazin, Quintin Harrish, Thomas Landels, Ethan Anderson and Jordie Barr are back.

Scabar, who will get help on the bench from returning coach Tyler Plante and former player Ryan Minchenko, will rely on his coaches and his veteran players.

“I’m going to give them a voice,” said Scabar. “Guys like Sarazin and Harrish have really stepped up so far and are nurturing the younger players. The maturity they’re showing to the young guys is great.

“With Ryan and Tyler, I can take a step back and really analyze things which will help me with my coaching.”

The Tigers will start the year with Darnell Hauca as their goalie. He takes over from graduating all-star Aaron Jensen, and Jensen’s backup, Jeremy Gray, who is currently injured.

Vernon plays its first four games on the road before its home opener Saturday, May 14, against the Irish.

In Armstrong, the Shamrocks have first-year goalie Francois Leroux and are searching for a goalie with junior experience as they look to improve on a 5-11 campaign from 2015.

“Francois is a good, young goalie but we’d love to find somebody with some more experience,” said team director Jeff Hanley, who will help head coach Jim Point on the bench.

The Shamrocks’ brass will be patient with a club that has only a handful of returnees, including the likes of Marlon Forrest, Sam Hanley and Nicholas Yadernuk, though Hanley is optimistic the team can return to the post-season.

“I think, league-wide, the whole playing field is going to be more level this year,” he said. “I think we have the talent. We have a few guys that can put the ball in the net and the defence will come along.”

April 20, 2016 - Tiger teens turn it on for coach

by Staff - [TheMorningStar](#)

The young players put a smile on Vernon Sun Valley Source For Sports Tigers junior lacrosse coach Chris Scabar’s face.

The Tigers beat the Armstrong Shamrocks 15-3 and South Okanagan Flames 9-7 in their two games at the 11th annual Thompson Okanagan Junior Lacrosse League Archie Jack Icebreaker tournament Saturday at the Nor-Val Sports Centre.

“Things went really well playing with a very young team,” said Scabar. “I was really surprised by how well the rookies and Midget call-ups played in both games.”

Rookie Kolton Kirschner had a big day for the Tigers. Kirschner scored seven goals including four in the win over South Okanagan.

Veteran Ryan Sarazin chipped in 4+3 to go along with Kirschner’s hat trick against the Shamrocks.

Fellow returnees Quintin Harrish, Ethan Anderson and Jordie Barr had two goals each while singles went to Jake Pelletier and Conor Webb. Thomas Landels had three assists.

Drew Bannister, with two, and Marlon Forrest had the goals for the Shamrocks.

Midget call-up Thomas Mackiewich scored the winner against the Flames while fellow midget Kevin Beauregard, Landels, Barr and Chris Inscho had the other goals. Midget Caden Colmorgen had three helpers.

Darnell Hauca, who is expected to be the Tigers' starting goalie after the graduation of all-star Aaron Jensen and injury to Jensen's backup, Jeremy Gray, played in both games, splitting time with Midgets Jordie Scherck and Troy Cuzzetto.

"Darnell showed a lot of maturity out there," said Scabar. "He came to camp ready to go."

The Shamrocks improved mightily in their second game of the icebreaker, dropping a 10-8 decision to the Kelowna Raiders.

Sam Hanley had three goals for Armstrong, Forrest added a pair and singles went to Nicholas Yadernuk, Chase Bronson and Garrett Turner.

Francois Leroux played both games in goal for the Shamrocks.

"Francois did well, he's a rookie right out of the Midget ranks," said Armstrong assistant coach Jeff Hanley. "We are a very young team, we're building. We played pretty well. The game against Vernon, the score wasn't indicative of the play."

The regular season starts Friday when the Shamrocks host the Tigers at 7:30 p.m. at the Nor-Val Sports Centre.
